

New!

# Parental Alienation

How to understand and address parental alienation resulting from acrimonious divorce or separation

By L. F. Lowenstein

A significant and challenging contribution to debates on the effects of family breakdown – including the question "Do families need fathers?" – *Parental Alienation* calls for major steps forward:

- for the judiciary to appreciate better how parental alienation syndrome (PAS) functions.
- for wider understanding of how a parent can manipulate the system causing tragic consequences to the children as well as the parents themselves.
- for children to be protected from the tragic consequences of being alienated from a loving parent.
- for both parents to be treated fairly by the system.

Good, non-abusive parents have a duty of care over their mutually conceived children. Some parents are a danger to children in brainwashing them against an absent parent. Preparing parents at the time they have children could do much to prevent there being future generations of victims of PAS-related abuse. What is required is a revolution in thinking and behaviour – parents can be helped to play a positive role in bringing up children, despite the break up of the adult relationship, into a happier future.

**Part I discusses the problems encountered by parents and their children** when parental alienation occurs. How both children and parents suffer as a result of the implacable hostility between the parents is discussed in detail. Drawing frequently on international research, the book identifies the signs of PAS. **Part II is concerned with the role of judges** who have to make decisions for the benefit of children. Judges are not psychologists. They are influenced by so-called experts but more so by the law or legal process. Judges need to be made aware how easily children are manipulated by disaffected parents. They need to make decisions based on the real facts as to why a child wishes no, or little, contact with an absent parent. This could lead to real justice for non-custodial parents and benefit the child tremendously. **Part III is concerned with the important task of seeking to remedy PAS.** Lowenstein's basic principle is that both parents have the right and the responsibility to guide their children appropriately. Both the experts and the courts need to form an alliance to help parents to resolve their differences to safeguard the welfare of their children. Often very hard decisions have to be made and stuck to.

*Parental Alienation* addresses the important issues of mediation and of treatment for harm done. There is considerable research about the harm that can be done to children, in both the short and long term, as a result of parental alienation conflicts. Parents with implacable hostility towards one another frequently make untrue or exaggerated accusations against another parent. This includes allegations of physical or sexual abuse. This book deals with how to identify and treat false accusations of abuse, and discusses the remedial and therapeutic methods required in PAS, and the psychological assessment and treatment of pathologically induced alienation.

Challenging, controversial, even provocative, this important book cannot be ignored.

**ABOUT THE AUTHOR:** Dr L. F. Lowenstein is a forensic psychologist in the area of clinical psychology, educational psychology and general problems related to psychological changes within individuals. He was previously Chief Educational Psychologist for Hampshire and has acted in a large number of legal cases and written over 390 articles involving forensic cases, personal injury, Parental Alienation Syndrome and family and children issues.

Large format paperback 232 pages Due Feb 2007 978-1-905541-10-2 £34.95

Available from [www.russellhouse.co.uk](http://www.russellhouse.co.uk)

Russell House Publishing, 4 St George's House, Uplyme Road Business Park,  
Lyme Regis, Dorset, DT7 3LS. Phone: (UK) 01297 443948 Fax: (UK) 01297 442722.  
email: [help@russellhouse.co.uk](mailto:help@russellhouse.co.uk)





New!

# Parental Alienation

How to understand and address parental alienation resulting from acrimonious divorce or separation

By L. F. Lowenstein

**CONTENTS:** Introduction. Alienated Parents' Stories. **The problems associated with parental alienation and parental alienation syndrome.** Introduction: do children need fathers? Parental Alienation Syndrome (PAS). Causes and consequences of divorce. Post-divorce conflict: understanding and resolution. Attempting to resolve child contact disputes. Child custody disputes: ideals and realities. Problems suffered by children due to the effects of PAS. Signs of PAS and how to counteract it. PAS as a shared psychotic disorder: 'folie a deux'. The psychological effect of modelling (imitation) in PAS. **The role of the judiciary.** Introduction: real justice for non custodial parents. PAS: what the legal profession should know. Family courts: where have courageous and just judges gone? **Treating PAS:** Introduction: treating families in turmoil. How can one overturn PAS? PAS: a two step approach towards a solution. Mediation: the way forward. Mediation and the legal profession. The value of mediation in child custody disputes. The role of mediation in child custody disputes. Treating the alienator. Dealing with the treatment of PAS. How to make child custody parenting work effectively. The psychological treatment of children who have suffered from PAS. Identifying and treating false accusations of sex abuse. Recent research into risk assessment of children. The psychological assessment and treatment of pathologically induced alienation (dealing with the phobic reaction). Is PAS a mental illness? The comparison of PA to the 'Stockholm Syndrome'. Conclusion. References. Appendix: Letters and web messages about Parental Alienation Syndrome.

**READERSHIP:** Everyone involved in family law and working with families, including social workers, family court welfare officers, guardians ad litem, members of the legal profession and psychologists. It may also be of interest to some parents.

**OUR FREE TRIAL GUARANTEE** You may return any item in clean resalable condition for a full refund up to 30 days after it is sent to you. Please include a copy of your invoice.

Please supply : \_\_\_\_\_ copies of Parental Alienation

£34.95 each \_\_\_\_\_

Add postage and packing £1.50 per item (UK) £2.50 (elsewhere)

**PLUS P&P** \_\_\_\_\_

**TOTAL (incl p&p)** \_\_\_\_\_

Name \_\_\_\_\_ Address \_\_\_\_\_

Postcode \_\_\_\_\_ Phone number \_\_\_\_\_

**PAYMENT:** Individual customers: please pay in advance

☐ I enclose a cheque in Pounds Sterling made payable to **Russell House Publishing Ltd.** ☐ Please send an invoice and my purchases to my organisation for payment on receipt. ☐ Please charge my credit/debit card, which is registered at the above address.

☐ Visa ☐ Eurocard/Mastercard ☐ Delta ☐ Maestro – issue number \_\_\_\_\_ Expiry date \_\_\_\_\_

Credit card no. \_\_\_\_\_ Security code \_\_\_\_\_ Signature \_\_\_\_\_

Please send orders to: **Russell House Publishing Ltd, 4 St. George's House, Uplyme Road, Lyme Regis, Dorset, DT7 3LS Tel: 01297 443948 Fax: 01297 442722 Email: [help@russellhouse.co.uk](mailto:help@russellhouse.co.uk)**

Prices are subject to change without notice. Registered Company Number: 2881219

